



**The Duckling Nursery Ltd**  
**Writtle Infant School**  
**Lodge Road**  
**Writtle**  
**CM1 3HZ**  
3<sup>rd</sup> February 2020

## **Newsletter 2020/B**

### **Duckling News**

We have some wonderful exciting new initiatives starting this term. Every morning our day begins with Jo Wicks 5 minute exercise session for children. We've named this our WAKE AND SHAKE TIME. Every afternoon before the 3pm home time the children will end the day with 5 minutes of yoga. We've named this our CALM AND QUIET TIME. We hope as the children become more familiar with these sessions that they will begin to talk about them at home, show you how clever they are and ask you to join them.

We are also in the process of developing and building a 'TIME TO TALK' session into the daily routine. We will be encouraging the children and teachers to share their feelings and emotions using puppets, songs, pictures and words. Feelings and emotions will be in colour zones and we will be purchasing corresponding sweat bands for the children to wear when it is felt appropriate. We are hoping to have this in place after the half term break and would love any thoughts or ideas that you may want to share with us. We feel it is so very important to develop the children's confidence in a safe and secure Duckling environment where they feel able to talk.

### **Sport Relief**

We will be taking part in sport relief this year during the week of 9<sup>th</sup>-13<sup>th</sup> March. We will let you know further details about the activities and possible outfits that we will be enjoying as soon as I receive my nursery fun activity pack.

### **Ladies pamper evening.**

It's time ladies for you to come and relax, enjoy some treatments and browse the many varied stalls at our pamper evening. This is on Friday 13<sup>th</sup> March at the Writtle Village hall. Doors will open at 6.45 and treatments can be booked from 7pm. Treatments will include sports massage, manicures/pedicures, indian head massage, massage, shellac and many more. Stalls will include Body shop, Neals yard, Little Ducks Company, Purple heaven, hair bows and much more. Cakes and snacks will be provided but please bring along your own drinks. Treatment booking sheets will be in the nursery after half term. Attached to this letter is a strip of raffle tickets (£1.00) as there will be some great raffle prizes on the night. More tickets are available on request. Please return these by Friday 13<sup>th</sup> March.

**Tickets are £5.00 and include a goodie bag. (on sale now)**

Please bring along your Mums, your sisters and your friends to this great evening.

### **Friends of Ducklings**

We have another exciting date for your diary.

**Sunday 7<sup>th</sup> June**

This will be our annual successful Duckling Family Day. The children will be performing for you. There will be bouncy castles, entertainment, bbq and beer and pimm's tent. Further details will follow.

### **Duckling summer club**

By popular demand the summer holiday club will be up and running again this year. The dates are the week beginning 3<sup>rd</sup> August and the week beginning 17<sup>th</sup> August. We are taking bookings from today. Please come and see me if you if you require further information.

### **Canadian students.**

The two students have been in further contact with me and are very keen to come to the Duckling Nursery for their over seas placement. If anyone is able to accommodate them in their home or knows of anyone who may be able to please can you let me know. They are happy to pay for their stay.

### **Clothing**

Please can I remind you to name all sweatshirts, hats, gloves, scarves, coats and shoes?

**Mrs Homer**

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