



Allergies and Allergic Reactions Policy

Date policy was adopted: 16/08/2024

Date last reviewed: 27/06/2025

Frequency of review: Annually or sooner after a serious incident

At The Duckling Nursery, we are aware that children may have or develop an allergy resulting in an allergic reaction. We aim to ensure allergic reactions are minimised or, where possible, prevented and that staff are fully aware of how to support a child who may be having an allergic reaction.

Our procedures

- All staff are paediatric first aid trained and so know the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include:
 - a rash or hives
 - nausea
 - stomach pain
 - diarrhoea
 - itchy skin
 - runny eyes
 - shortness of breath
 - chest pain
 - swelling of the mouth and/or tongue
 - swelling of the airways to the lungs
 - wheezing
 - anaphylaxis
- We ask parents to share all information about allergic reactions and allergies on their child's registration form and to inform staff of any allergies discovered after registration
- We share all information with all staff and keep an allergy register on the wall in the Kitchen area of the Nursery. One for Nursery aged children, and the other for the Breakfast and After School Club.
- Where a child has a known allergy, the nursery manager will carry out a full allergy risk assessment with the parent prior to the child starting the nursery and/or following notification of a known allergy and this assessment is shared with all staff. This involves displaying photos of the children along with their known allergies in the kitchen where applicable.
- All food prepared for a child with a specific allergy is prepared in an area where there is no chance of contamination and served on equipment that has not been in contact with this specific food type, e.g. nuts, gluten.
- The manager, staff and parents work together to ensure a child with specific food allergies receives no food at nursery that may harm them. This may include designing an appropriate menu (for snacks and after school club tea) or substituting specific meals on the current nursery menu.

- Seating is monitored for children with allergies. Where deemed appropriate, staff will sit with children who have allergies and, where appropriate, staff will discuss food allergies with the children and the potential risks
- If a child has an allergic reaction to food, a bee or wasp sting, plant etc. a paediatric first aid trained member of staff will act quickly and administer the appropriate treatment, where necessary. We will inform parents and record the information in on an incident form and on the allergy register. The other children that aren't involved will be taken to do an activity elsewhere.
- If an allergic reaction requires specialist treatment, e.g. an EpiPen, then at least two members of staff working directly with the child and the manager will receive specific medical training to be able to administer the treatment to each individual child.

Food Information Regulations (FIR) 2014

We incorporate additional procedures in line with the FIR, including displaying our menus on tapestry identifying any of the 14 allergens that are used as ingredients in any of our dishes.

In the event of a serious allergic reaction and a child needing transporting to hospital the Nursery manager or staff member will:

- Call for an ambulance immediately if the allergic reaction is severe. Staff will not attempt to transport the sick child in their own vehicle.
- Ensure someone contacts the parents whilst waiting for the ambulance and arrange to meet them at the hospital.
- Arrange for the most appropriate member of staff to accompany the child, taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter.
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together.
- Inform a member of the management team immediately.
- Remain calm at all times and continue to comfort and reassure the child experiencing an allergic reaction. Children who witness the incident may also be well affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the incident.
- Where a serious incident occurs and a child requires hospital treatment, Ofsted will be informed.

We will under no circumstances transport children to hospital in a staff vehicle. If an ambulance isn't needed then staff will comfort and treat the child with appropriate first aid until the parent is able to collect them and transport them to hospital if necessary.